

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

**Adoration:** 7-10th graders please spend 15 minutes with God one 1 time a month. This can be in Eucharistic Adoration which is on Mondays at All Saints from 12 noon until 8:00pm or this can be anytime in a church. The Holdingford churches are open daily until 7:30pm.

**January 2022:** This month make sure to go to mass or watch mass online if you are sick. This is part of your adoration prompt. When you go to adoration, think about the readings, the homily, and what you learned from the previous weekend mass. Ask God to guide you on how to implement what you learned in your daily life throughout the rest of the month.

Date:

Parish:

Below write about this experience in Adoration and then at the end of the month write about how you were able to implement this. (Was it hard or easy, were you successful or not, etc.)