

Family Night Lesson
Ash Wednesday-Make sure to go to a Mass!!
February 22, 2023

This week is a special week where parents do the teaching. This lesson is a wonderful learning experience for both parents and children that will continue through Lent.

Materials needed:

Bowl/Box

Paper Carton (milk/whipping cream cleaned & dried)

Pipe cleaner

Bible

Crucifix

Candle(s)*

Purple cloth or paper

prayer cards*

*Optional



Part 1: Prayer

Things always seem to go better when we start our time out with prayer. Have you encountered this in your daily life?

Dear God,
Bless our family who asks for your grace.
May your Spirit guide our words and
deeds, and lead us to always give You
praise. Let our home be filled with love,
faith, and hope for a bright future. We pray
that we will live happily in good health,
mutual respect, and endless peace.

Amen

Prayables

Part 2: Lets Learn about Ash Wednesday, Lent, & make a lenten plan

K-5 Watch the Lenten Brother Francis Video on Formed. 6-10 Watch the intro and Ash Wednesday Restore videos by Sr. Miriam James Heidland, SOLT on Formed. I am sending out links through remind.

During Lent we are in a penitent state, meaning we are to be sorrowful for our sins. We want to RESTORE our relationship with God and so we need to fast, pray, and give alms. When we fast it means to give up something for the 40 days of lent. We pray more and we collect our money to give to someone in need. Please get your bible out and read 2 Samuel 13:19. Together as a family figure out what you are going to fast from and who/what organization you would like to give alms to. Also this is a great time to learn grade level prayers for the prayer time. If you would like to make a prayer bowl in which you will put on slips of paper who/what you will be praying for and an Almsgiving Box to collect money for someone in need.

Part 3: Make prayer bowl/box & Almsgiving Box

For the Almsgiving Box you will need a milk or whipping cream carton, the construction paper provided, and a pipe cleaner. To start you will trace the square/rectangle sides of the carton on the white paper. Be sure to make the triangle on the sides that dip in. Then you will glue them on all sides. The red paper you will use as the roof so add details to it if wanted before gluing over the top. Use the brown and other color for doors and window. Make a sign so all know it is for Alms giving. Last, use the pipe cleaner to make a cross. Attach it to the top for the steeple.

You can decorate a box or bowl or you can use a bowl you already have for a prayer bowl. Put these in your prayer altar/area and remember that in Lent you will see purple, so use your purple cloth to put with it.

Part 4: End with the Ash Wednesday Prayer

Dear Lord,

As we enter in to this solemn and holy season, we pray that you would send your Holy Spirit upon us that we might prepare ourselves for these coming 40 days of Lent. Even though we may no longer wear sackcloth and ashes, we do seek to humble ourselves so that we can understand the magnificence of your love for us as you humbled yourself and gave your life on the cross that we might receive the gift of Eternal Glory with You! Amen!

***Note:** You will see that it asks about family nights on the Lenten Family Plan sheet. These are nights to be together praying and doing a check in on how your lenten plan is going. Please put this sheet on or by your prayer altar/area and send a picture to me by Feb. 28th. allsaintsff@gmail.com or text 320-292-1575. Please put your family name in the message somewhere.

Lenten Family Plan:

Name	Fasting	Almsgiving	Prayer

Lenten Family Check in Sheet:

- We watch the videos and talked about Fasting, Almsgiving, and prayer in the Lenten season and made a Lenten Plan.
- We went to an Ash Wednesday Mass.
- We received the Sacrament of Reconciliation during the Lenten Season.
- From Ash Wednesday to the March 1st Faith Formation Classes we had two family nights and found time to be in quiet prayer with God and listened to what he said.
- From the March 1st Faith Formation Classes until March 8th (GIFT Night) we had two family nights and found time to be in quiet prayer with God and listened to what he said.
- From the March 8th (GIFT Night) Faith Formation Classes until March 15th we had two family nights and found time to be in quiet prayer with God and listened to what he said.
- From the March 15th Faith Formation Classes until March 22nd Faith Formation Classes we had two family nights and found time to be in quiet prayer with God and listened to what he said.
- From the March 22nd Faith Formation Classes until March 29th Faith Formation Classes we had two family nights and found time to be in quiet prayer with God and listened to what he said.

Lenten Family Check in Sheet (continued)

- From the March 29th Faith Formation Classes until April 5th (no Faith Formation Classes Holy Week) we had two family nights and found time to be in quiet prayer with God and listened to what he said.
- We went to Holy Thursday Mass.
- We went to Good Friday Mass.
- We went to the Easter Vigil.